

"Every year it gets bigger and bigger". This was one tenant's reaction to the activities involved in NCC Festival '83, held on June 9th, 10th & 11th. The festival which ordinarily is an annual affair, was expanded considerably this year due to the fact that 1983 marks the 15th anniversary of the founding of New Community Corporation.

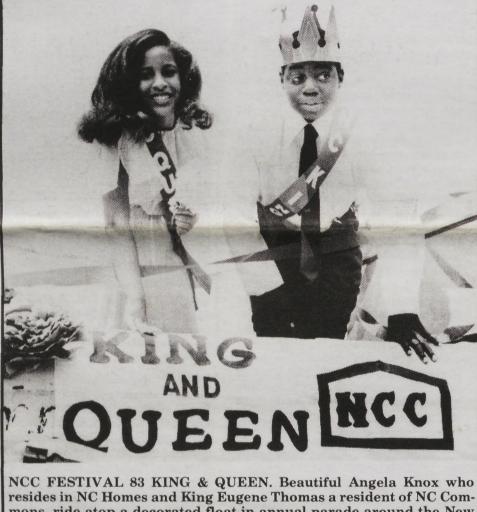
The purpose for the "Festival", from the initial one in 1981, has always been to provide an opportunity for all of us connected with New Community, be we tenants or staff, to celebrate our existence as a community. Festival '83 was certainly no exception.

From the opening event of the Dinner-Dance on Thursday night at New Community Associates, the sense that this year is something special was apparent. Following a cocktail hour, more than 200 invited guests were treated to a delicious dinner carefully prepared and served by the staff of Babyland Nursery. The program consisted of addresses by Elma Bateman, member of the NCC Board of Directors, Arthur Wilson, President of the NCC Board of Directors and Rev. William Linder, Pastor of St. Rose of Lima Church. The speakers described the beginning of New Community, its present status and its vision of the future. The guests were all impressed with what NCC has accomplished in 15 short years and with the plans for the near future.

The program was concluded by a beautiful rendition of "To Dream the Impossible Dream" by the very talented Gloria Newsome, social

worker on the staff of the New Community Social Services Department. Following the program, the dancers took over to the exciting music of the

live band, The Impulse Inc. Friday's activities began with a fish fry held at New Community Associates beginning at 5:00 p.m.,



mons, ride atop a decorated float in annual parade around the New Community neighborhood. More Photos Pages 6 and 7.

United Way: Voluntarism Par Excellence

If organizations supporting community needs were to be given "Oscars" or similar designations of merit, the United Way of Essex and West Hudson would be high on the list of recipients.

Current president Steven B. Hoskins, Esq. in his 1982 Annual



Report called today a time of challenge and a time of change as the full impact of a troubled national economy began to be felt. Escalating needs and depressed business conditions called for new strategies.

United Way met the challenge.

Through more effective operating procedures, more efficient management of resources and a realignment of support services the United Way of Essex and West Hudson in 1982 raised a record goal of \$7,875,000. These monies benefited 68 area United Way agencies which in turn provided services for some 800,000 local residents. Our own Babyland nursery received

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Senate Approves Mary Smith For Board of UMDNJ

On June 23rd the State Senate approved the appointment of Mrs. Mary Smith, Executive Director of Babyland Nurseries in Newark to the Board of Trustees of the University of Medicine and Dentistry of New Jersey. She will be sworn in on July 28th.

Mrs. Smith brings many talents with her to board membership. An active and concerned member of her community she has been responsible for the initiation of many services to Newark residents over the past twenty years. Searching out problems and developing solutions, her persistant efforts have created in many an awareness of the difficulties faced by low and middle income people strug-



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followed at 7:00 p.m. with our annual concert, "Music Under the Stars". Once again the music was furnished by The Impulse Inc. It was agreed, by all who attended, that this years concert far exceeded anything from the past.

On Saturday, preparations for the day began early in the morning. By 7:30 the staffs of the Social Service Department, the Maintenance Department and the Security force, together with tenants, were hustling and bustling decorating floats, cleaning the streets, setting up barricades, inflating balloons, setting up tables, and doing a host of jobs getting things ready.

Finally, shortly after 12:00 noon, the parade got started, moving up 14th Avenue. Young and old alike, men, women and children all enthusiastically joined the "NCC March of Pride", behind the Grand Marshall, Joe Chaneyfield.

The spirit of pride and neighborliness was apparent throughout the parade, but probably no more apparent than in the case of Mr. Thomas Green of New Community Gardens. Plans had been made for Ms. Willie Sharpe, who is confined to a wheel chair, to ride on the NCC float, however, because of the height of the float, the plans had to be changed. At that point, Mr. Green stepped forward and offered to push Mrs. Sharpe the length of the parade,

(Continued on Page 3)

NCC Youth Takes 3rd Place in City Wide Essay Contest

In a recently held city wide essay contest, Elizabeth Hernandez, a New Community resident, and a student attending Louis A. Spencer School took 3rd place in the contest sponsored by the Newark Board of Education and City National Bank. The theme of the composition was "Why I Want to be a Bank President" When you read Elizabeth's essay you will see that she had great command of the English language. Elizabeth is indicative of the many talented youngsters that reside in NCC. All the residents of NCC should be proud of Elizabeth's accomplishments and should encourage other youngsters to pursue excellence in whatever field of human endeavor they choose. Elizabeth, keep up the good work, we are proud of you!

The following is the actual composition written by Elizabeth.

Why I Want To Be President Of A Bank

The president of a large bank is usually the chief executive officer and as such has active and full responsibility for administration of the bank. He supervises the work of all other officers and sees to it that the policies set by the board of directors are carried out. The importance of the president in any bank will depend upon the type of individual in the post. He is equivalent to a commander-in-chief to whom the other officers and employees look for leadership.

In small banks the position of the president may be mainly an honorary one based on financial business or civic position held by the individual so honored. In this event, leadership for the bank has to come from an active day-today operating head having the title of vice-president or cashier.

Taking into consideration my aptitude, mental, social and business acumen, I feel that this is the type of career that would suit me. I am meticulous in detail which is essential for one dealing with numbers and money. I am an outgoing person who likes people and to serve people. I get a good feeling from doing something

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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Elizabeth Hernandez

good for someone. A bank president is in an excellent position to help people with getting loans for houses, cars, business, etc.

As a bank president I would broaden my knowledge of foreign countries' financial systems, trade relations, and economic conditions. Since a great deal of bank business depends on customer's impressions, a bank president is provided with an attractive, comfortable office which would delight me. The typical forty hour week is satisfying work hours for me. I like attending civic functions, keeping abreast of community developments, establishing and maintaining business contracts, and similar activities.

Of course, the salary of a bank president is attractive, and I would just love to earn such money, as there are so many things I could do with it— so many people I could help.

New Community Associates

Many people prayers were answered relating to the weather during Festival '83. The weather was beautiful and was appreciated after so many weekends of rain. The dinner-dance on Thursday was friendly and pleasant. On Saturday all the events made the day funfilled and exciting. The parade was the biggest yet, and it was heart warming to see Mr. Thomas Green from 265 Morris Avenue push lovely Mrs. Willie Sharpe, in the beautiful wheelchair, which Ms. Doris Crenshaw used her ingenuity to decorate. Love and togetherness can accomplish much and overcome many barriers. Mr. Green and Mrs. Crenshaw, we commend you for a job well done. We are thankful for the Festival, which brings us together and allows us to share the goodness of being part of New Community.

We lovingly urge new tenants to participate in the clubs and activities in the building. You are welcome to join the club of your choice.

Phyllis Burton

NCC SEEKS TO BUILD MORE HOUSING

On June 23, 1983, NCC submitted a proposal to the Newark Area Office of the United States Department of Housing and Urban Development (HUD) for the construction of new housing for the elderly and the handicapped on presently vacant land at 241-251 Bergen Street.

NCC submitted the proposal for funding under HUD's Section 202 Direct Loan Program and the Section 8 Housing Assistance Payments Program. If HUD approves the proposal, the NEW COMMUNITY BERGEN STREET PLAZA will contain 97 new apartments and will be ready for occupancy in December of 1984.

With the drastic cutbacks in the Federal housing program, the combined Sections 202/8 Program is the only source of financing and

subsidy which NCC can tap to build new housing for the elderly and handicapped. HUD has never funded a Sections 202/8 housing development in the City of Newark. The Central Ward needs the housing and NCC has the pro-

ven track record of getting the job done. It's about time that Newark had its first Sections 202/8 housing development and NCC is just the organization to do it.



SPECIAL VISITOR. Rev. William J. Linder greets the champ, Marvin Hagler as he made a recent visit to New Community. Born and raised in Newark, Hagler presently holds all three middleweight titles.

Commons Seniors

Mrs. Marion Simpson is the newly elected President of the 140 Club. Mr. Philip Hopper, Vice President. Other elected officers: Viola Walker, Recording Secretary; Harriet Lewis, Treasurer; Georgianna Brown, Financial Recording Secretary; Ruby Dawson, Corresponding Secretary; Ralph Simpson, Sergeant-At-Arms; Acie Carter, Chaplain; Connie Wise, Chairperson of Sick Committee, Beatrice Harris, Chairperson of Hostesses Committee.

The 140 Club has great plans for 1983. First on the agenda is a trip to Atlantic City on June 23. A long weekend vacation is on the agenda for August in Canada.

There will be more information for the members and residents.

The President, members of the club and residents of Commons Seniors were well prepared on Saturday to contribute their baked goods, chicken, ham, pies, baked maccaroni, cole slaw, salads, etc. to feed the hungry marchers and others. Some of the persons who gave of themselves for the day were: our President, Ms. Carr, Ms. Z. Johnson, Ms. Barfield, Ms. Dawson, Mr. Simpson and Mr. Barfield.

Arts and Crafts

Thanks to our instructor, Ms. Julia James, the Arts and Crafts club members were treated to a wonderful play in East Orange called, Imagination. A marvelous group of talented seniors who were brilliant in dance, costumes, audience participation and so much more, entertained a crowded auditorium. Ms. James extends a welcome and invitation to all residents of 140 to join the Arts and Crafts Club. Her able assistants, Zepher Johnson and Irene Carr are always there to welcome us.

Sewing Instruction Class

Ms. Mamie Boddy, the Director, has recessed sewing classes for the summer. Classes will resume this fall. More information will be forthcoming as it is available.

Gospel Chorus

Ms. Zera Brown, Director, and her Gospel Chorus celebrated their first anniversary on May 20th in the Community Room. There was joy and happiness as the blending of beautiful voices vibrated throughout the large Community Room. There was standing room only. There were many groups who came to take part in this inspiring program: 180 Inspiration Chorus and their President, Ms. Bertha Whatley were wonderful. The Youth for Christ Chorus of St. Pauls delighted and lifted saddened hearts. Many thanks to every group for making this anniversary most successful. Ruby Dawson

United Way: Voluntarism Par Excellence

(Continued from Page 1) over \$31,000 to provide Protective Services for abused children and haven for battered women and their children in the Essex County Family Violence Shelter which it operates.

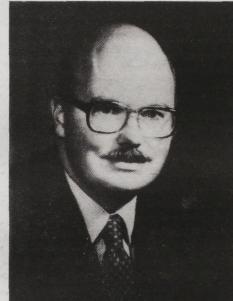
All this activity generating the proud sum last year of 7 million dollars would normally be very costly, but United Way manages to put 87 cents out of every dollar it raises into programs and services. How is this fine record possible?...The answer is VOLUNTEERS. It is a shining example of "people helping people" by working strongly together, as well as outstanding cooperation between the business and private sectors.

The goal was reached in part because of the initiation recently of a Long Range Strategic Plan to guide United Way activities over the next several years. An attempt to see the critical problems existing and anticipate the machinery necessary to meet the needs provides an orderly, "well-orchestrated, comprehensive approach to program development, planning and allocations for a more effective, responsive system of service delivery," according to John J. McAuliffe Jr., Executive Director.

Composed of volunteers of all ages and incomes, the United Way works year-round for the community. Through its Community Planning and Development Committee it studies community needs, determining priority service areas. The change Mr. Hoskins spoke about begins to enter the picture here as this committee reviews innovative nontraditional approaches to service delivery to the community.

Another example of change is found in increased influence of government legislation and regulations which effectuated the establishment in 1981 of a Government Relations Committee to develop a strong working relationship between United Way and Government. Through the formation of this committee the shift from strong bureaucratic regulation to greater local autonomy was anticipated and ideas set in motion to handle the change more efficiently. This committee monitors legislation and provides feedback to legislators concerning issues impacting the human service field.

The need for beneficiary agencies to



Steven B. Hoskins, Esq.

better manage the funds allotted them, maximizing benefits in a tight economy, caused the creation in 1982 of a Management and Program Assistance Committee to provide expertise. This committee was funded by a Prudential grant---an example of corporate cooperation with United Way.

Having researched regulations and established priorities, the Agency Relations and Allocations Committee submits its recommendations to the Board of Trustees for approval. The year-round work of over 50 volunteers shaped the 160 page 1982 report. Chairman of the Board Hoskins, noted that in 1982 some "tough decisions had to be made."

With increased demands for services, reduced government funding and spiraling inflation the ARA committee is largely responsible for maximizing the use of United Way dollars to most effectively serve the changing needs of the community. United Way has a built-in system of accountability through the conscientious commitment of this particular committee.

Each year finds new agencies applying for funds, and for these groups an Initial Funding Committee meets throughout the year to examine their requests before submitting the committees findings and opinions to the Board. An initial funding allocation was specifically designed to encourage new programs to meet critical areas of need.

The yearly fund raising campaign under the leadership of the Campaign Cabinet is of course a vital component of the ability to respond to requests of community agencies.

Planning for the campaign includes a huge team of volunteers, including "Loaned Executives", "those men and women released from their own corporate responsibilities to put their special talents and leadership qualities to work full-time during the United Way campaign."

The campaign team contacts individuals and companies, spreading the United Way message and accepting pledges for funds to help.

Many people choose to use a payroll deduction plan to painlessly give as large a donation as possible. In Babyland Nursery last year, 67 employees out of 76 employed contributed \$2,640 dollars through pledges and cash donations for an 88% participation rate and an average per capita of \$39.41...an enviable and proud record.

Contributions come from all areas of employment---city, professionals, large and small businesses, county, labor and the suburbs...underscoring the confidence people who work and live in the area have in this organization and their awareness of its value, as well as their dedication to their community.

United Way efficiency is reflected in the unusually high return to the agencies it serves and is accomplished through its well-planned structure and the dedication of its volunteer workers.

Typical of these hard working and committed volunteers is this year's president, Steven B. Hoskins, Esq. Mr. Hoskins is a partner with McCarter and English, a Newarkbased law firm. He is counsel to New Community and Babyland Nursery and is also on the planning committee for the New Community Gala Ball to be held in October. A man active in community matters, he is a member of the Essex County and New Jersey Bar Associations, American Bar Association, and Association of School Board Attorneys as well as Watchung Area Council, B.S.A., and Lawyers Alliance for Nuclear Arms Control, Inc. He is also a Past President of the Greater Newark Christmas Fund.

As president of United Way part of each day is devoted to reviewing developments and planning for the future.

Springtime finds him coaching the "Tigers" in the Bernard Township Recreation Girls Softball League.

Through thousands of hours of volunteer service this dedicated, efficient, responsive organization---the United Way---helps keep its community a healthy and caring place in which to live.

Senate Approval for Mary Smith

(Continued from Page 1)

gling for their existence in the state's largest city and dependent upon government policy for many facets of their lives.

Quality of life relies heavily on the ability to stay healthy, and it was Mrs. Smith who in 1965 convinced doctors to volunteer their services to 350 Central Ward families when she helped found the Queen of Angels Family Health Service. Again in 1970 Health Care Delivery was her concern as a grant from the N.J. Department of Community Affairs enabled her to study a system which could provide quality medical services to low-income families. As New Community housing developed a thriving new neighborhood in a former devastated area bordering South Orange Avenue, Mary began negotiations with UMDNJ, to provide comprehensive health care; which resulted in the formation of a modern Health Care Center in our own New Community Gardens building just across the street from the Medical Center.

Babyland Day Care Centers under Mrs. Smith's direction have also focused on health care — for parents as well as children through their Protective Services Program and Essex County Battered Women's Shelter. Mary's deep concern on behalf of her people has gathered many supporters and provided a voice heard all over New Jersey and even in Washington. Mrs. Smith is dedicated not only to her community but on a broader scale to racial understanding and cooperation. She brings all these goals to her efforts to better the world in which she lives.

Realizing the importance of the University to all these groups, Mrs. Smith will be able to provide firsthand information about many of the citizens UMDNJ serves and a valuable tie-in to their lives and their health care needs.

The College of Medicine and Dentistry has been serving New Jersey residents since its formation in 1970 by Act of the State Legislature. Its merger with Rutgers Medical School enabled it to gain University status in 1981. The University operates UMDNJ University Hospital as the primary teaching hospital for the Newark-based medical school, and the UMDNJ New Jersey Medical School Community Mental Health Center in Newark.

We wish Mrs. Smith well in her new role as member of the Board of Trustees of UMDNJ.



WELCOME ARRIVAL. Landscaping around NC Manor mid-rise burst out in full bloom just in time to cool off the area with its soft green leaves and grass. The Forcellati Brothers Inc., of River Vale New Jersey are the magic makers.

Festival '83

(Continued from Page 1)

despite the fact that it was well over a mile in 90° temperature. It was a perfect example of NCC people helping people.

Following the parade, with its floats and marchers, the food tables were attacked by hungry marchers and onlookers. The Steel Band provided the music for the entire day. The track meet was held, followed by two basketball games and a roller skating disco at Newton Street School.

Though by the end of Festival '83 everyone was tired we all felt a great deal of satisfaction knowing that as a community, we had celebrated our existence, and, let the world know that we are all "proud to be a part of Newark's New Community"

St. Rose Graduates 28

On Sunday, June 5th some twentyeight graduates of St. Rose of Lima School received their diplomas at the Commencement Exercises at St. Rose of Lima Church. Rev. William J. Linder, Pastor, presided over the simple, but impressive, ceremony at the 12:15 Mass.

Donald Payne, Councilman for the South Ward delivered the keynote address after the Mass, reminding the students as he spoke, that they were the fortunate ones whose parents made the sacrifice to equip them with a parochial education.

Under the guidance of Miss Emerita Cabato, their teacher, the class chose for their motto — "United we stand, divided we fall," and adopted the poem "Invictus," by William Earnest Henley, as their class philosophy:

Out of the night that covers me, Black as the pit from pole to pole, I thank whatever gods may be For my unconquerable soul.

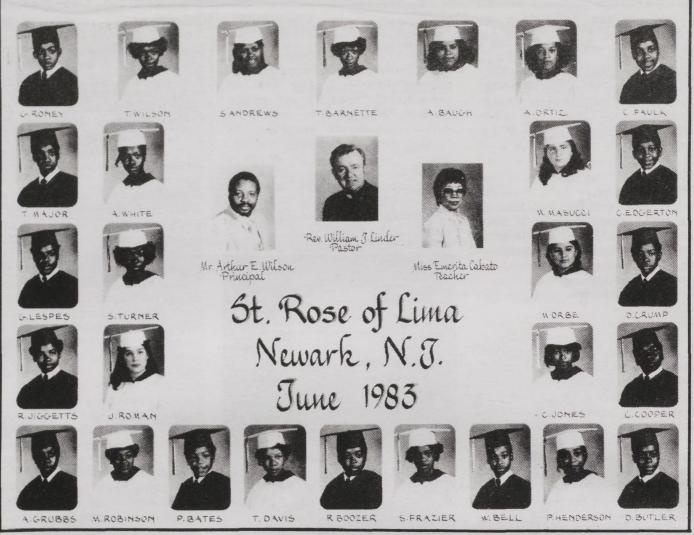
In the fell clutch of circumstance I have not winced nor cried aloud. Under the bludgeonings of chance My head is bloody, but unbowed.

Beyond this place of wrath and tears Looms but the horror of the shade, And yet the menace of the years Finds and shall find me unfraid.

It matters not how strait the gate, How charged with punishments the scroll,

I am the master of my fate; I am the captain of my soul.

Most of the graduates will continue their secondary education in Catholic high schools. The schools they will be



attending are: Essex Catholic Girls, Essex Catholic Boys, Seton Hall Prep, Benedictine Academy, Immaculate Conception and St. Vincent's Academy. The remainder will attend public schools in the area including Arts High, Essex County Vocational & Technical, Clifford Scott, Irvington High, Barringer, West Side, Science High and Weequahic.

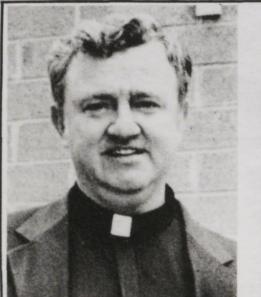
The following graduates received recognition for excellence in the categories noted:

VALEDICTORIAN - Angelique Or-

New Community and Babyland to Celebrate Gala Ball in Newark

The planning committee for the 15th Anniversary Ball to be held by New Community and Babyland has chosen the newly refurbished Quality Inn Park Place for the October 21st celebration.

The interior of the hotel has been transformed, with an elegant burgundy and gray color scheme and sparkling new fixtures, as well as practical service renovations, to provide a superb gathering place in Newark befitting the renaissance the city is experiencing.



The Duke Ellington Orchestra will provide the evening's music.

Invitations will be going out in the beginning of September for the black tie affair which will hopefully gather together much of the business community to help New Community and Babyland celebrate their 15 years of service to the community.

Perhaps you could set the date aside now on your calendars and plan to join us on October 21st.

Father Linder Joins Board of United Hospitals

Dr. James R. Cowan, President of United Hospitals Medical Center announced the appointment on Friday June 24th of Rev. Wm. J. Linder, Pastor of St. Rose of Lima Church in Newark, to the Board of Trustees.

Father Linder joins three other new appointees including Steven S. Radin of West Orange, a partner in the law firm of Sills, Beck, Cummis, Radin and Tischman in Newark; Everett L. Morris of Rumson, senior vicepresident for customer operations at Public Service Electric and Gas and William T. Reilly of Tarrytown, N.Y., a partner with McCarter and English, a Newark law firm. tiz; SALUTATORIAN - Jeanette Roman; FIRST HONORS - Maria Masucci, Tracy Barnette, Talova Davis, Paris Henderson; MUSIC -Maria Masucci; PRINCIPAL AWARD - Phillip Bates; ENGLISH -Talova Davis, Derek Crump, Tracy Barnette; SCIENCE - Angelique Ortiz, Jeanette Roman; READING -Tolova Davis; RELIGION - Anna Baugh, Maria Masucci; MATH-EMATICS - Angelique Oritz, Jeanette Roman; SERVICE - Paris Henderson, Gregory Lespes; GOOD CON-

Now that we're finally into summer all at the center will enjoy a fun filled season of activities and trips. For instance recently we were invited to a picnic at Branch Brook Park, given by the senior citizen group. The children and caregivers enjoyed live entertainment by the seniors playing and singing songs of the thirties and forties. To top it all off we had ice cream, potato chips, candy, hot dogs, soda and pretzels. One senior said to me smiling, "we love spoiling little people."

Just Cooling Out

We're just cooling out in our tot park sprinkler system here. It's so easy for us to cool out, we just put on our swim gear, dash to the back...and cool it out.

Jam In The Park

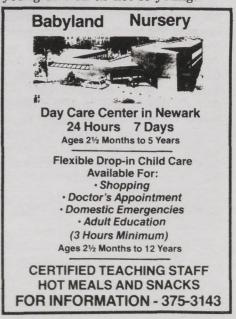
Recently Mrs. Berta Perry and Ms. Dorothy Jackson attended a fire safety festival in Washington Park in downtown Newark. There were souvenirs and food for all. Firemen were on hand to demonstrate fire safety tips, and there were arts and crafts drawings for the children to color. There were skits about fire prevention as well as fire safety. Big Bird, Ernie and Burt of Sesame Street appeared live. Also included in the festival was an antique fire engine parade from the Newark Museum. DUCT - Maria Masucci; CITIZEN-SHIP - Andrea White, Donald Butler; MERIT - Maria Robinson, Arthur Grubbs; EFFORT - Monica Orbe, Christopher Cooper; ATTENDANCE - Maria Masucci, Angelique Ortiz, Jeanette Roman, Andrea White.

The family of Donald Butler is the recipient of the St. Rose of Lima/Seton Hall Prep Scholarship. This is a four year scholarship to Seton Hall Prep awarded each year by St. Rose of Lima Parish to a family of one of the male graduates.

-Babyland II

NCC Parade

On June 11th Ms. Nellie Little and Mrs. Shirley Mills, caregivers, participated in the NCC Parade. Representing us were Martin Freire, Dara Jones, Shonte' Jones and Jameel Matthews. Everyone said they had a good time especially the little ones riding in one of Babyland's vans, all decorated in pink, blue and white flowers made by the caregivers from all three centers. Afterwards they enjoyed home cooked food, live entertainment and activities for the young as well as not so young.



Roseville Good Neighbor Club Honors "Senior Seniors"

New Community Roseville recently celebrated their First Anniversary in their spacious community room at 1 South 8th Street. They used the occasion to give honor and well wishes to several members of the club (and fellow neighbors) who had reached their 80th birthdays and more.

Honorees were: Mrs. E. Richards, 82 yrs., Ms. Mary Boice, 83 yrs., Mr. Joe Keenhan, 83 yrs., Mr. J. Palmor, 84 yrs., Mr. C. King, 87 yrs., and Mrs. Susie Fife, 98 yrs..

Because Mrs. Fife was the oldest member of the club, she was crowned "Queen For The Day". She had a gold ribbon placed across her chest with

"98 Years Old" printed on it and a bouquet of flowers was presented to her. She was crowned by Frances Pharms, Mary Clements and Irene Jackson, with her daughter and friends standing by. She was shocked as it was a surprise to her and the other recipients of honor. It made them very happy. May God bless them all.

Members of the Club Mary Clements, Pres. Irene Jackson, Sec. Editor's Note: Shortly after enjoying this event Mrs. Susie Fife passed away. How lovely to have been so honored by her friends at the end of her long and fruitful life.



COOL BABY COOL. Head teacher at Babyland II, Carol Leadbetter has some of her charges cooling off in the sprinkler in Tot Park as heat wave passed through recently. Just look at the faces and see if it was all worth while.

New Community-- Marching Band Considered

As Festival '83 lined up for its annual parade we realized that the band we had contracted for was not going to come. Nevertheless the parade went on in the grand fashion that we had planned with the steel band pitching in. However, it taught us a lesson. "When you want something done do it yourself", and we are. Starting in August we are attempting to form our own marching band to be comprised of at least seventy youth from our own community. It will include color guards, flag bearers, and twirlers. Mr. Gerard lewis the superintendent of New Community Gardens and a former drill master of the Gaye Blades will give instructions on marching. Arrangements have been made to have an instructor come and give lessons on such instruments as the drums, bugle, trombone, clarinet, flute, saxaphone and the trumpet. All these instruments

played by our youth will make up our band. However, this will not be an inexpensive operation. There are rental fees for the instructions, and uniforms for the youth. The total cost is \$5,000 which will have to be raised by the community-at-large. To quote Mrs. Julia James a senior from 140, "If New Community can build 1500 units of housing then we can certainly raise \$5,000 for our youth.' All the seniors are ready and willing to support this endeavor. Meetings are now being set up in the family complex to enlist the support of the parents whose children will be participants in the group. Let's make it happen. Next June let's see the green and white of New Community march with the true dignity that New Community represents. We can do it better!

Georgia Ransome

FREEHOLDERS SEND CONGRATULATIONS



FREEHOLDERS RESOLUTION. Joseph Chaneyfield, Mary Smith and Freeholder Thomas P. Giblin displaying the Resolution.

The Essex County Board of Freeholders represented here by Freeholder Thomas P. Giblin, recently presented to Mary Smith, treasurer of New Community Corporation and Joseph Chaneyfield, vice-president, a framed resolution congratulating New Community and Babyland on the celebration of their joint 15th Anniversary. The resolution, sponsored by Freeholder Giblin, mentioned in particular the work of the two organizations "towards providing services or opportunities to help residents strengthen their economic base, including: employment, day care services, low tuition or scholar-

A universal

message

seen

Way posters and publications.

universal, message?

around-at health agencies, day

care facilities, neighborhood cen-

ters, and, of course, on all United

But did you know the United

We've separated the design into

Way symbol has a very simple, yet

its three elements to show you

how it's actually a very thoughtful

combination of three special im-

At the bottom is a helping hand.

You've

ages.

this

symbol

ships and moderate rents."

The Freeholders extended to New Community and Babyland the appreciation of the Board for their years of service to the people of Babyland, St. Rose of Lima, Newark, and the New Community noting that "New Community's mission 15 years ago was to rebuild an area of Newark which bore the most tragic evidence of social disruptiveness, decay and hopelessness." The transformation of over 40 acres of this formerly devastated land into an oasis of attractive and diverse d.vellings, they ^celt, was deserving of proper recognition in this anniversary year. The award signaled their congratulations.

The hand symbolizes the services and programs supported by the United Way that in turn support the people in our community.



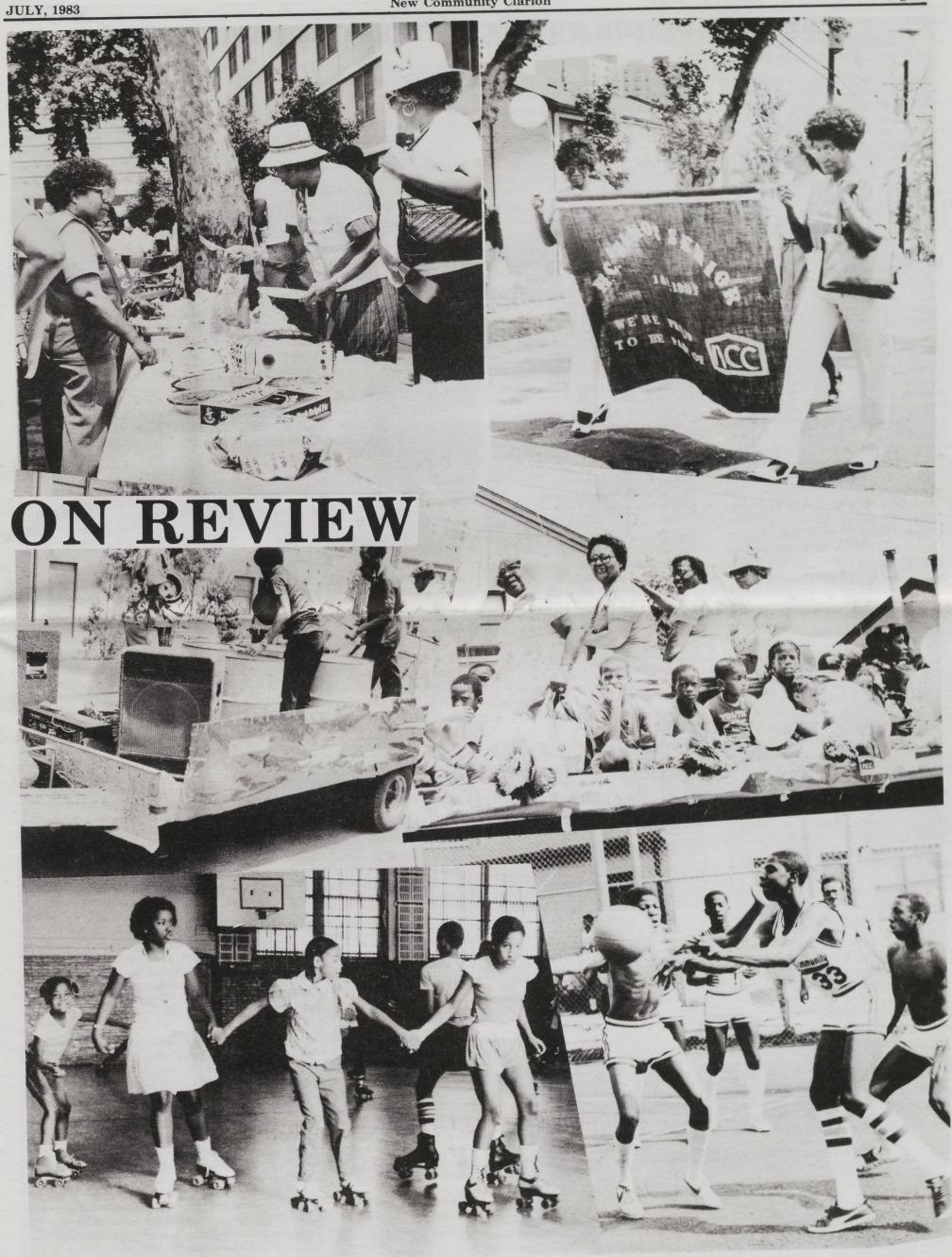
The image in the center, based on the universal symbol of man-kind, is cradled by the helping hand. It shows that all people are supported and uplifted by United Way efforts.



And a rainbow springs from the helping hand, representing the hope of a better life possible through the United Way.

In these simple figures is the sum total of the United Way philosophy-to promote voluntarism, and to support voluntary organizations in their efforts to provide a better life for us all.





THE SAGA OF THE OBLATE SISTERS OF PROVIDENCE

(Part IV) - Conclusion

When the National Conference of Catholic Bishops issued their pastoral document in 1972, they entitled it "To Teach as Jesus Did." Like most religious congregations committed to the education of youth, we, Oblates, immediately probed our Apostolate, and took inventory of the measure of MESSAGE, COMMUNITY, and SERVICE prevalent within our vocation to the Church. Self-searching brought the astonishing discovery that a three-dimensional ministry (declared necessary by the American Bishops) had always been a part of the Oblate Vision - Providence had decreed that! Certainly, it was not by accident that Father Nicholas Hector Joubert was assigned to teach catechism to the children of the colored Catholics of Baltimore in the early 1820's; thereby causing the imperative need of Gospel values to assert itself in that infant diocese. There is little doubt that it was the "Finger of God" which stamped the embryonic Oblate Vocation with the indelible dimension of MESSAGE. One hundred fifty-four years of religious instruction have never lessened that mark!

Neither was it by chance that Elizabeth Lange, Marie Magdaleine Balas, Rosine Boegue, and Almaide Duchemin felt a keen and serious responsibility to the People of God in ante-bellum Baltimore. Their unprecedented commitment to building

COMMUNITY through the uniqueness of their vision has withstood the forces of geographic location, of ethnic origin, of economic barriers, and of cultural ties. Truly, the educational ministry of the Oblate Congregation has been - in essence - a consistent and irrefutable unfolding of God's Providential Plan to build Community; Community within families, in places of work, in neighborhoods, and across the nation itself. The first four Oblate Sisters of Providence were imbued with the principle that only through COM-MUNITY would there ever be peace and justice for all. And the fellowship of two hundred Oblates reiterates that principle through awareness of the integral relationship between their individual spiritual growth and their readiness to create community where Providence leads.

In conclusion, both Father Nicholas Joubert and Mother Elizabeth Lange completely realized that MESSAGE and COMMUNITY without the dimension of SERVICE would be useless. Furthermore, they fully understood the arbitrary nature such service must have: service that has the gentle charism of compassion; the sensitive discernment of justice; and the dedicated commitment to Christian formation. The Designs of Providence in 1829 created the milieu for compassion; broadened the pathways for justice; and strengthened the

Management in Full Swing with Spring Repairs Lawns

With the coming of the warm summer weather, New Community is again trying to make our area of Newark green and appealing. We know how much our tenants enjoy being able to see green grass and beautiful lawns, flowers and trees.

At present approximately 1/3 of our maintenance staff is involved with seeding, grass cutting, watering, etc.

This summer upkeep will cost New Community from \$20 to \$30 thousand doilars. We need your help to make it money well spent. Encourage children to use the walkways provided through the lawn areas and teach them to help protect the trees and bushes.

We appeal to all to care for the areas and keep New Community a healthful, beautiful area everyone can enjoy.

Screens

Window screens are a health factor

and costly to replace if damaged (laundry room screens cost approximately \$35.00 each). To make the laundry rooms as comfortable as possible during the summer for our tenants new screens have been installed.

It is important to remind children of the delicate nature of screens. Hands and heads pressed against them will cause them to break and cause the laundry facilities to become unpleasant places to work during the warm summer weather.

Washing Machines

In addition to new screens three (3) new washing machines have been installed in New Community Homes laundry room. The old machines had become unreliable and a constant source of worry to tenants and maintenance costs for them had become excessive. They were replaced at a cost of approxima.ly \$1,500.



NEW INSTALLATIONS AT NC HOMES. Three new washing machines are being installed by George Williams, superintendent of NC Homes and Palford Drye, Director of Maintenance.



Headquarters of the Oblate Sisters of Providence in Baltimore Maryland.

bulwarks of commitment. The Designs of Providence in 1980 are continuing to create, broaden, and strengthen our three-dimensional ministry so that the same charism of compassion, the same sensitivity of discernment and the same dedication of commitment will unite MESSAGE, COMMUNITY, and SERVICE in our role as Women Religious, as viable leaders, and as Christian Witnesses in the Church in the Modern World.

Providence does, indeed, provide when a courageous minority harnesses its energy in Faith to do the Lord's work. Continuing in the spirit of sacrifice and courage of Mary Elizabeth Lange, with the vision and determination of Pere Joubert, we shall ultimately realize the goal to which we have dedicated our lives, namely, the building of Christ's Kingdom on earth. May the name of God be praised. May the Good News of Jesus Christ be proclaimed. May the Spirit of the Father and the Son fill our lives. May God's Kingdom come!

Sr. Marie Infanta

The Newark Museum News Notes Summer 1983

For Planetarium Stargazers: July and August Events

The origin and evolution of the stars and close connections with the development of life here on Earth will be explored in the Planetarium's new star show, Cosmic Offspring, on Mondays at 12:15 p.m. In conjunction with the E.T. Phone Exhibition in the third floor Science Department, a special children's show speculating about extraterrestrial life will be given on Mondays at 2:30 p.m. The planetarium staff will also be conducting Sun Observations in the Sculpture Garden on sunny Mondays from 12 noon to 1:00 p.m. And finally, for classical music lovers, Siesta: A Concert Under the Stars is back by popular demand on Wednesdays beginning July 6 at 12:15 p.m., and continuing through the fall. Planetarium admission is 75¢.

The Newark Black Film Festival

The ninth annual Newark Black Film Festival opens June 22 and continues on Wednesday evenings through July 27. The 1983 Festival, which includes screenings of documentaries, dramas and renowned film classics about the Black experience, is co-sponsored by the Newark Museum, Rutgers-Newark, the Newark Public Library, New Jersey Institute of Technology and Newark Symphony Hall.

Important issues concerning community and family life are the main focus of Transmagnifican Dambamuality, Joe's Bed-Stuy Barbershop: We Cut Heads and The Performed Word (July 6). A retrospective look at the Sixties will be seen in Walk in My Shoes and Roy Wilkins: A Right To Dignity, (July 13). A tribute to N.J. playwright Richard Wesley (July 27) concludes the Festival. Uptown Saturday Night, a collaborative work by Mr. Wesley and Sidney Poitier will be shown at Symphony Hall. Many of the filmmakers will be present to introduce their works. All free programs begin at 7:30 p.m. in the Van Houten Library Theatre on the NJIT campus, 99 Summit Street in downtown Newark (except July 27). Complimentary tickets will be given out beginning at 6:45 p.m. each evening, issued on a "first-come, first-served" basis. Special films for children are scheduled for 2:30 p.m. on Mondays at the Newark Public Library and on Wednesdays at the Museum on July 11, 13, 18, 20, 25 and 27. Call 733-6600 for a free brochure with a complete listing of films and special guest speakers. Funding for this program is from the New Jersey State Council on the Arts and the Cape Branch Foundation.

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Tips on Health

This section will be devoted to questions and answers on health. Please mail your questions to the New Community Clarion, 755 South Orange Avenue, Newark, New Jersey 07106.

Q. How can one cope with this heat? A. A very timely question. I find that the best way to cope with any difficult situation is to try and understand it better. So instead of giving a list of do's and don'ts, I would rather discuss the why's and the wherefores of the subject.

Most humans usually maintain an internal body temperature at 98.6° F, give and take one degree, regardless of what the atmospheric temperature is, provided that the air is dry. This results from the body's regulatory system of balancing heat production against heat loss. The system is controlled by a part of the brain called the hypothalamus. I will deal only with those aspects pertinent to the question.

The major ways by which the body loses heat are:

1. radiation-this is loss of heat by means of infrared rays which flow from the body in all directions. This works only as long as the environment is cooler than the person. Since every object around us also emits these same rays, anything hotter than the human body radiates heat which a person will absorb instead. So the first tip is to stay away from hot stones, concrete walls & pavements & parked cars, which is of course, almost impossible to do in a city. About 97% of infrared rays are absorbed by a person regardless of color. However, the heat from the sun which is transmitted in the form of light rays is absorbed differently. Light skin will reflect about 35% of the light rays while dark skin reflects only a very small amount. So very light colored clothing and wide brimmed hats, preferably white, are your best bet. Black will absorb all of the heat. (What's a poor priest supposed to do?)

Conduction and Convection Convection of air currents will relieve the body of some heat. When the air comes in contact with the skin, the air becomes heated and will rise, even with very little air movement. So with increased air movement, heat loss by this means will even be greater, which is why fans are good, unless the air temperature is equal or higher than the body to temperature.

3. When the temperature of the surroundings is higher than that of the body, the only means by which one can loose heat is by evaporation. This process takes place through the air we breathe out and through perspiration from the sweat glands which are located all over the skin. The glands therefore should be kent unobstructed so it is best to avoid oils and lotions. (Mothers, please remember this the next time you reach for that vaseline for your baby. Babies can get as hot as adults do.) Now, for evaporation with its subsequent cooling effect to take place, the skin has to be exposed to the air, which requisite is of course restricted by our clothes. So the next best thing to do is to wear clothes that will absorb the perspiration. Cotton is absorbent, while most synthetic fibers are

not. Of course, if the air is already 100% humid, no evaporation can take place.

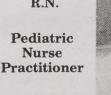
Now, for heat production. There are several ways by which the body produces its own heat but only two need to be discussed here.

1. Muscle activity-the more activity there is, the more heat produced. Common sense therefore dictates that in very hot weather, one should move as slowly as possible.

2. Metabolism due to stimulation by adrenalin. We all know adrenalin production is increased by strong emotions such as anger. Even griping about the heat will only make you feel hotter. So as the saying goes, 'cool it".

Any discussion of heat would be incomplete without mention of two very serious conditions, namely, heat exhaustion and heat stroke.

Soledad Alston R.N. Pediatric Nurse



1. Heat exhaustion-In very hot weather, one can sweat anywhere from 1.5 to 4 liters per hour and as much as 15 to 20 grams of sodium chloride (salt) can be lost. If this fluid and salt loss is not replaced, exhaustion results. Early symptoms are headaches, dizziness and feeling of weakness. The skin is cool and moist. Anyone who feels these symptoms should immediately lie down in a cool place and be given water with salt (1 teaspoon to a glass) and medical help called. Prevention of course is easy. If one has to work in an extremely hot place, drinking plenty of water is essential, adding a teaspoon of salt to a quart of water.

Caution-anyone on a salt-restricted diet should consult their doctor before drinking salted water.

2. Heat stroke is a very critical condition which happens when the humidity is 100% and the temperature is over 94°F. or as low as 85°F. if the person does very heavy physical activity. Since cooling by evaporation does not occur, the body temperature rises. With the rise in body temperature, the person's metabolism increases, thus adding to the body heat. When the body heat goes up to 110°F., the heat regulating mechanism will no longer work and death will result unless artificial means of reducing the temperature are applied such as ice packs. Again, the best thing is prevention.

To summarize, outside of air conditioning, one can keep cool by:

- 1. staying away from hot objects like stoves, concrete walls & pavements, hot foods & drinks
- 2. wearing light colors & absorbent clothes
- fanning---manually or otherwise 3. (it's also cheaper than air conditioning)
- 4. keeping physical activity to a minimum
- drinking plenty of liquids 5.
- 6. and most importantly ---- not fighting it. This is one battle you are sure to lose.

Helping Out: Through Adoption and Foster Care

Among the many resources operated by the state government, the Division of Youth and Family Services is responsible for providing a full range of supportive and protective services to children and parents in our state.

While most commonly termed "DYFS" or the "Division", this agency is foremost known to provide protection and care of abused, abandoned, neglected and exploited children and their parents. The Division does however, supervise a host of other support services.

Among this gamut, the Division has youngsters under its guardianship who are waiting for families to permanently adopt or temporarily care for them through foster care arrangements.

Adoption unlike foster care is a legal and permanent arrangement. This means that the child you adopt legally becomes your dependent. On the other hand, foster care warrants a family home in which a child can stay temporarily, until his parents or relatives can regain custody, or until he reaches an age when he can care for himself. Foster care is also used for children waiting to be adopted.

The children of all ages, races, and of course sexes, are from the state of New Jersey. While most of them suffer "heart-ache" from loss of family, their hearts can be mended with lots of love and care.

There are also children waiting under particular needs, and they are termed "special needs children"

Children with special needs are those with physical, mental or emotional handicaps, older children and sibling groups. As a support mechanism, the Division can provide a financial subsidy, when needed, to help families caring for these children endure the impact of legal, medical or special services which may arise.

In general, adults above 18 years of age, whether single, married, divorced, separated or widowed, can become an adoptive or foster parent. Usually, there are no guidelines for income or status. Essentially, what is needed are loving, warm, caring individuals who can provide guidance, self-esteem, worthiness, stability, and a sense of family to these children.

If you are interested in learning more about becoming an adoptive or foster parent, contact our local DYFS **Regional Adoption Resource Center**, at 1180 Raymond Boulevard, 17th floor, Newark, N.J. 07102, (201) 648-4550

> Dorothenia Boyd Social Worker

PNEUMONIA: YEAR ROUND PROBLEM

Although more prevalent in winter, pneumonia can also be an unsuspected disease in summer mimicking symptoms of the common cold and therefore deserves discussion at this time.

The seasonal shift from autumn to winter brings more than changing climate and landscape. It brings illness in greater frequency and severity than at other times of the year.

Pneumonia, which afflicts thousands of people each year, is a good example.

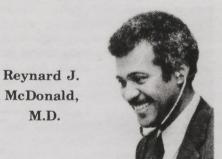
Although viral infections may play a role, it is not entirely clear why pneumonia increases significantly during the winter. But reasons notwithstanding, it is important that I address the problems and treatments of this, the most common infectious cause of death in the country.

There are numerous organisms ranging from viruses and bacteria to fungi and parasites - that may cause pneumonia. The most common cause of bacterial pneumonia is infection by pneumococcal bacteria. Even though the causative organisms are many, the symptoms generally are similar. Chest pain, fever, chills and a cough which may produce thick mucous are characteristics of the disease.

While these symptoms may mimic those of the common cold, it is important to remember that colds primarily involve the upper respiratory tract, frequently causing nasal stuffiness and/or sore throat. If severe cold-like symptoms persist for several days without improvement, one should consult a physician. Left unchecked, pneumonia may permanently damage the lungs and possibly result in death.

Treatment for the condition usually involves bed rest, increased intake

of fluids, oxygen therapy, and antibiotic treatment. With appropriate treatment, the cure rate for pneumonia is approximately 90 percent. However, when the illness is



Dr. McDonald is associate professor of clinical medicine at the N.J. Medical School of the University of Medicine and Dentistry of New Jersey. He is also the Director of Medicine at the New Community Health Care Center & maintains private office hours Tuesday, Wednesday, & Friday from 5 p.m.to 9 p.m. For an appointement please call 623-4990.

severe and patient resistance is low, pneumonia can have a mortality rate of 50 percent or greater - particularly among diabetics or those who are heavy cigarette smokers, consume large amounts of alcohol, or suffer from chronic lung diseaes such as emphysema and bronchitis.

Those who are most susceptible to developing pneumonia are infants and elderly. It is important with the above mentioned diseases that those who are at high risk are immunized yearly against the influenza virus and at appropriate intervals for prevention of bacterial pneumonia of the pneumococcal variety.

SURVIVAL IN THE 80'S The Successful Struggle of An Inner-City Youth

Many of my early childhood experiences have prepared me for survival in the 80's.

When I hear the word survival, a number of these events rush to my head, such as awakening in the morning and going to school on an empty stomach knowing that it might be five o'clock in the evening before I would get a warm meal. My mother who loved all eight of her children dearly, didn't always have enough money to provide us with breakfast. Many mornings I left the house prepared to be the target of scorn and ridicule because of my hand me down clothes. Regardless of the fact that they were neat and clean. It was also frightening to know that every day I would have to be prepared to protect myself, as well as my manhood against bullies and other people who would be more than willing to prey upon me and other unsuspecting youths. But probably the most memorable as well as the most important experience of my younger years that prepared me for survival in the 80's was my discovering of who I was, and what it would be like as a black man growing up in America.

Growing up in the heart of an innercity ghetto without a father, I quick-

ly learned that everyday would be a lesson in survival. I understood very early that coping with many of the problems that arise out being poor and accepting responsibility would be essential for survival. Survival for most of us was a day to day issue, and just getting through the day without an argument or misunderstanding with someone was an accomplishment in itself. For many parents and children it meant being able to make enough money to pay for the rent, food, clothes and insurance. If you were fortunate to own a beat up old car, you were worried about how you were going to pay the note.

To help my family I sold newspapers, shined shoes and even baby sat to make extra money to ease the burden on my mother. The act of providing the basic elements for living was the primary preoccupation of many parents and children in my neighborhood, a neighborhood where money was tight and good times were few and far between.

At an early age I assumed responsibility for myself and my younger siblings. Coming from a large family as I did, I soon realized that my mother, a strong and loving woman could not always be around to provide the guidance and the amount of love and attention that my brothers and sisters and I so dearly desired; but we realized that it wasn't the quanitity of her love but the quality that was important. She instilled in me at a very early age respect for myself as well as others. She taught me the difference between right and wrong and made my fully aware the life of a black man in America was no picnic.

Living in the inner-city rapidly taught me that I was going to have to fight to keep everything I earned, such as my self respect, dignity and honor, as well as material things. With the help of my family and other people in the community I became aware that the weapons I needed to win the battle of survival were not the sophisticated weapons employed by most youngsters my age; rather they were simple but important ones such as confidence, a positive selfimage, wittiness and a gentle but firm toughness. These characteristics greatly contributed to my survival of the 60's and 70's and will be more than enough to help me survive the 80's.

that I wanted to be, motivated me to continue on to college after graduation from high school. Little did I know that the next five years would be the toughest but most gratifying years of my life.

Despite earning a partial basketball scholarhship, I still had to work full-time just to meet my own needs and to help my mother in her continuous quest to keep her family together.

Going to college gave a new outlook on life. The exchange of ideas amongst my peers, now composed of people of various ages, racial, cultural and ethnic backgrounds combined to give me a more worldly outlook on life.

As I look back at many of my earlier life experiences, I can say they have contributed immensely in preparing me for survival today; but I believe without the support of my family, friends, teachers, community and the Lord Jesus Christ I would not have been ready to deal with today's world. Growing up in the 60's and 70's proved to be my training ground for survival and I am ready, willing and able to meet the challenge.

Anonymous

The month of June proved to be one of positive changes for Babyland III as a planned re-organization of the center went into effect. The reorganization consisted of the institution of eight learning areas throughout the center to which children would travel in groups with a caregiver. The learning areas include Language Arts, Math, Science, Music, Arts & Crafts, Gross Motor, Outdoor Play, Dramatic Play, Blocks and Manipulatives. Thus we have moved from the concept of selfcontained classrooms for children bet-

Babyland III Happenings

ween 2½ - 5 years, to the well structured open environment for which Babyland III was designed.

Our science area, which consists of a 55 gallon aquarium filled with a variety of tropical fish, a pair of parakeets, and a variety of exploratory materials, provides wonderful opportunities for children to learn. We will soon be expanding the area to include other pets such as rabbits, turtles and gerbils.

We find that the change is much more conducive to learning for the children as the groups are smaller and more consistant. Parents are very pleased with the change.

My struggle to become the person

Babyland I, II & III participated in the N.C.C. Spring Festival Parade by beautifully decorating a float on which all centers were represented by children & staff. The following children from Babyland III were a part of the Parade: Tauheeday Hill, Saleema Sorrells, Carswell Ransome, and Emery Walker. Thanks again to the parents for allowing their children to be a part of the

celebration.

An exciting summer, filled with a variety of field trips, is planned for the children of Babyland III. The trips will include visits to Liberty Park, Bertrands Island, Lake Hopatcong, Echo Lake, Round Valley State Park, Hacklebarney State Park, and the Staten Island Zoo.

> Victoria Boyd Center Supervisor Babyland III



IN THE SCIENCE CORNER. Zakeem Sellars and Aubrey Alston keep their eyes on the fish tank.



BIRD TALK. Antaya McCray exchanges a few words with her chirping feathered friend.

JULY, 1983

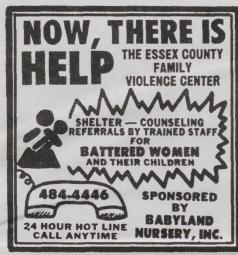
New Community Clarion

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New Community Summer Youth Program Registration To Begin

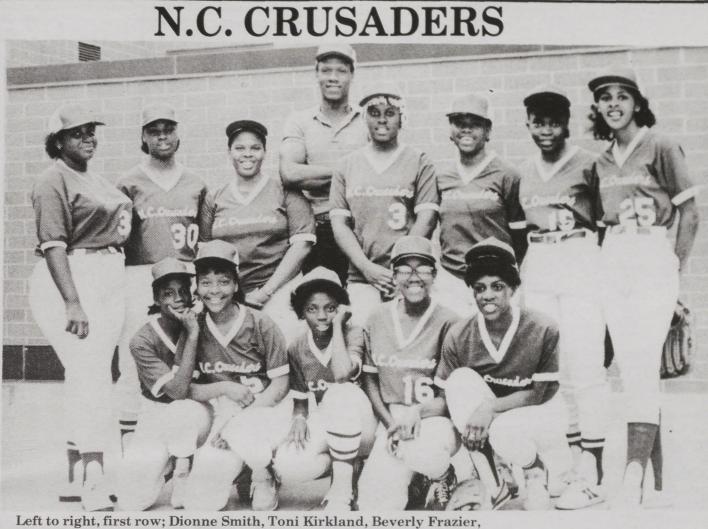
Registration for the New Community Summer Youth Program will begin June 20th and end Friday, July 8th. Since there will be a limited number of slots available, applications will be taken on a first come first serve basis. There will be a five dollar fee per child assessed for the program. This fee will off-set cost of the program and provide the youngsters with a shirt.

The program will consist of remedial tutoring in Math and English, two meals a day, and daily trips to various parks, beaches, museums, and national shrines. The program operating hours will be from 9:00 a.m. to 2:00 p.m. For further information contact Social Services at 623-6114.



Registration for NCC Jr. Basketball League

Registration for the New Community Jr. Basketball League has begun. The league which is in its 3rd year of existence has become a big success. The primary function of the league is to provide the youngsters with instruction in basic basketball skills. The teams compete against each other during the regular season and culminate with playoffs and a championship game. The league is open to all girls and boy's ages 9-13 years. If anyone is interested in coaching, please contact Social Services at 623-6114.



Left to right, first row; Dionne Smith, Toni Kirkland, Beverly Frazier, Traci Robinson, Demetria Bibbs. Second row; Na'imah Edwards, Gina Bibbs, Michelle Hobbs, coach Paul Reid, Charlene Brewer, Daphne Little, Beverly Johnson, Sharon

NCC Softball Team Begins Its Second Season

New Community Women's Softball began its second season with a 25 to 2 loss to Hercules Chemicals. Despite the score the ladies played extremely well considering the conditions under which we practice, and playing under the lights for the first time. The women compete in the Passaic Recreation Department Women's Softball League. The teams goal this year is to (1) Improve individual's fundamental skills, (2) Win a few games, (3) Generate community interest and, (4) To have some fun.

Carter.

The team is comprised of the following members: Traci Robinson, Na'imah Edwards, Beverly Johnson, Ernestine Jenkins, Gina Bibbs, Sharon Carter, Sheila Kennedy, Michelle Hobbs, Charlene Brewer, Daphne Little, DeeDee Bibbs, Beverly Frazier, and Cheryl Davis. The Crusaders play all their games at the 3rd Ward Park in Passaic. A list of the games for July and August follows:

uly	Time
7 NCC vs Williams'	
Chapel	8:00 p.m.
3 NCC vs Doc &	
Buckeye	6:00 p.m.
8 Hercules Chemical v	s
NCC	6:00 p.m.
1 NCC vs F.T.K.	6:00 p.m.
7 Eagles vs NCC	6:00 p.m.
ugust	
2 NCC vs Human	
League	6:00 p.m.
1 Williams Chapel	
vs NCC	6:00 p.m.

For all those wishing to come out in support of the team arrangements will be made whenever possible.

> Paul Reid, Jr. Youth Coordinator



At bat: Beverly Johnson.



Filling out roster sheet: Na'imah Edwards, Michelle Hobbs & Tracy Robinson.



Packing gear for game: Michelle Hobbs, Charlene Brewer, Daphne Little & Beverly Johnson.

NCC RESIDENTS ARE AWARDED LETTERS OF CERTIFICATION

Complete 10-Week Home Nursing Course

On Wednesday, June 22, 1983, nine (9) residents of NCC successfully completed a ten (10) consecutive week course in Home Nursing which was administered by the Essex Chapter of the American Red Cross. Guest speaker for the occasion was Ms. Jane Sherrod, Assistant Director of Health Services for the Essex Chapter. The training began on Wednesday, April 13, at which time there were approximately twenty-three (23) residents enrolled; however, due to unforeseen illnesses and other personal cir-cumstances, seven (7) of the residents had to terminate the classes leaving sixteen students still enrolled. Many long hours have been sacrificed for the purpose of completing homework assignments, studying for exams, reviewing lessons, and the like. It has not been an easy task for these ladies, but because they were determined to succeed, they can raise their heads high and proudly wear their smiles for a job WELL DONE!

A thank you from all to Grace Davis our instructor for her sensitivity to our seniors.

Those residents who have received their pins and letters of Certification in the Home Nursing Training are: Euzera Baskerville (Commons Srs.) Phyllis Burton (Associates) Ruby Dawson (Commons Srs.) Lavania McRae (Associates) Mary Mincey (18th Ave.)



A smiling group of Red Cross Home Nursing students enjoy their graduation ceremony with instructor Grace Davis on far left.

Margie Turner (NC-Homes) Barbara Scott (NC-Manor) Ellen Watson (Associates) Laura Woods (Associates)

Those residents receiving modified certificates are: Alma Hanks (Douglas Homes) Cora Lassiter (Associates) Helen Martin (Gardens Srs.) Wyline Thomas (Manor Srs.) Helen Vaughn (Douglas Homes) Mary Yancey (Commons Srs.) Lucy Bates (St. Mary's Villa)

Introducing New N.C. Drill Team – The Side Effects



Front Row: L to R, Capt. Crystal Smith, Janice Thompson, Kim Smith Back Rock: L to R, Nancy Peterson, Wanda Moses, Val Adams, Co-Capt. Toni Kirkland, Wanda Dozier.

In March of this year the above young ladies organized and formed a drill team called the "Side Effects". From March until June 9th they sold cakes, cookies, punch and anything sweet to raise funds for their uniforms. They made their debut on Friday night during Music Under The Stars when they and our other groups displayed their talents. They showed their glamourous outfits again during the parade on Saturday. Their efforts paid off; they looked and performed beautifully. They will be recruiting other members this year. Looks like our exercise class will keep a high enrollment because these girls sell the cake and we eat it. Congratulation girls. Keep up the good work. NOTE: These residents will be given their full letters of Certification on or before July 11, 1983, pending the completion of make-up classes.

Many heart felt thanks and much appreciation is also extended to the following individuals for their interest and concern: Willene Bryant (Gardens Srs.) Annie Cobbs (Gardens Srs.) Maude Jones (Associates) Lillie Mixon (Associates) Viola Walker (Common Srs.) Nellie White Those individuals who have received their Certifications will be eligible to receive paid positions as home health aides with the Essex County Welfare Board if they desire to do so and as positions become available. Those who qualify for such positions will be providing quality care to the needy residents of NCC.

CONGRATULATIONS LADIES!! Gloria Newsome Social Services

ACCOMPLISH IN THE FACE OF DISADVANTAGE

Some of the most disadvantageous situations in which to be are: facing death; physical impairment; dire poverty; and incarceration. To accomplish something under such circumstances is extremely difficult and demands much courage. Most people have a tendency to resign themselves to their plights and give up. Yet history has portrayed many individuals who although handicapped made positive contributions to the benefit of mankind.

Francis Parkman, of poor health and almost blind, had a wire screen across his paper so he could guide his pencil that he might write. One of America's greatest historians, he wrote vivid accounts of the role of the Indians in North American history.

William Wilberforce, member of British Parliament, took opium for twenty years to assuage his mental and physical agony, but more than any other Englishman, he stopped the British Slave Trade.

Wilma Rudolph, a disadvantaged black girl, at an early age was attacked by double pneumonia and scarlet fever, and was left with the use of her right leg only. She could only walk with the aid of a special left shoe up to the age of eleven. To strengthen her left leg she took up walking, then running with her brother. Determined to overcome her handicap she kept exercising. Her left leg improved. She broke the State basketball record for girls, was undefeated in all her high school track meets, set the world record for 200 meters in college, earned the title of the "World's Fastest Woman" by winning Olympic gold medals for the 100 meters dash, the 200 meters dash (Olympic record), and for anchoring the 400 meters relay (world record).

Many praiseworthy works and feats of the world have been done by disadvantaged people, often far more disadvantaged than we are, and they managed them superbly.

Whatever may be your handicap or shortcoming don't habitually dwell on it. Think about the other assets you may have, and try to develop them. Look inwardly and take a selfinventory. You may have wanted some career or job but you kept putting off preparing yourself for it while belating and bemoaning your distressed circumstance. There may have been something you always wanted to do, like earning a high school diploma, learning a specific hobby, or learning a business skill. It is not too late to do something about it. The Journey towards accomplishment begins with the first step, getting started. You have no idea what you can do, what heights you may reach, or how far you may go, until you try. You may surmount your obstacles and accomplish in the face of disadvantage.

".... Out of your weakness shall come strength...."

Hebrews 11:34

LEWIS GRAVES Springfield Branch Newark Public Library